

# God steps into our mess



Romans 8:22a (NIV)

We know that the whole creation has been groaning as in the pains of childbirth right up to the present time.

Suffering is the unhappy reality in which we all live. Evil has come into our lives and world as a result of humanity's choice to reject God, who is love.

In your suffering, you can find comfort by simply A.S.K'ing:



- Admit the truth—The first step is to acknowledge your suffering
- Seek help—The second is to share your hardship with God and people you trust
- Know there is hope—The third and most important is the assurance of hope because

1. God made you and loves you
2. God is with you. You are not alone.



Philippians 2:7-8a (MSG)

When the time came, he set aside the privileges of deity and took on the status of a slave, became human! Having become human, he stayed human. It was an incredibly humbling process. He didn't claim special privileges.

Jesus came as a human being to show us His love. He does not remain distant in our suffering. No, he enters into our suffering and saves us from it.